

<p><b><u>Week #1 Wednesday 1/18</u></b></p> <p>Skills Lab: Every Wednesday 1-5</p> <p>Clinical Lab: Thursday &amp; Friday 8-4</p> <p>Hospital Clinicals: Thursday &amp; Friday, Times TBA</p> <p><b><u>Introduction to Skills Lab:</u></b></p> <ul style="list-style-type: none"> <li>• <b>Assign group numbers/stations</b></li> <li>• <b>Establish groups</b></li> <li>• <b>Size for gloves</b></li> <li>• <b>Tour and supplies</b></li> <li>• <b>Introduce videos</b></li> <li>• <b>Must watch HIPPA video and read handout found at <a href="http://www.cosnursinglab.weebly.com">www.cosnursinglab.weebly.com</a></b></li> </ul>	<p><b><u>Thursday 1/19</u></b></p> <p><b><u>Skills Videos/Practice:</u></b>          Demo: Gloving and De-gloving          Demo: Setting up patient environment</p> <ol style="list-style-type: none"> <li>1. Performing hand hygiene (T)</li> <li>2. Assisting with a Gown change (p)</li> <li>3. Making an Unoccupied bed(p)</li> <li>4. Performing a complete or partial bedbath (p)</li> <li>5. Performing a back massage (p)</li> <li>6. Assessing skin, hair, hair, nails (p)</li> <li>7. Performing hair care and shampoo (p)</li> <li>8. Shaving a male patient (p)</li> <li>9. Performing nail care (p)</li> <li>10. Oral hygiene for the unconscious patient (p)</li> <li>11. Cleaning dentures (p)</li> </ol> <p><b><u>VIEW ONLY VIDEOS</u></b></p> <ul style="list-style-type: none"> <li>• Measuring Height and Weight</li> <li>• Tub Bath, Shower</li> </ul>	<p><b><u>Friday 1/20</u></b></p> <p><b><u>Testing:</u></b>  <b>#1 Performing Hand Hygiene</b></p> <p><b><u>Skills Videos/Practice:</u></b></p> <ol style="list-style-type: none"> <li>12. Assisting with a bedpan (p)</li> <li>13. Assisting with a urinal (p)</li> <li>14. Peri-care female (p)</li> <li>15. Peri-care male (p)</li> <li>16. Assisting with meals (p)</li> </ol> <p><b><u>VIEW ONLY VIDEOS</u></b></p> <ul style="list-style-type: none"> <li>• Taking Aspiration Precautions</li> </ul>
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<p><b><u>Week #2 Wednesday 1/25</u></b></p> <p><b><u>CAREPLAN:</u></b>          -Discuss MCPs and examples: 1<sup>st</sup> MCP due on 2/3—no grade just practice  <b>Self-Care deficit</b></p> <p><b><u>Testing:</u></b>  <b>All partner check-off for Hygiene and ADLs (instructors will be spot checking)</b></p> <p><b><u>Skills Videos/Practice:</u></b></p> <ol style="list-style-type: none"> <li>17. Blood pressure two step (T)</li> <li>18. Assessing Apical pulse (p)</li> <li>19. Assessing Radial pulse (p)</li> <li>20. Assessing Respiratory Rate (p)</li> <li>21. Taking Temperatures (p)</li> <li>22. Assessing Pain (p)</li> <li>23. Applying a nasal cannula (p)</li> <li>24. Measuring oxygen saturation (p)</li> </ol> <p><b><u>VIEW ONLY VIDEOS</u></b></p> <ul style="list-style-type: none"> <li>• Blood pressure one step</li> <li>• Ensuring oxygen safety</li> <li>• Setting oxygen flow rates</li> </ul>	<p><b><u>Thursday 1/26</u></b></p> <p><b><u>Testing:</u></b>  <b>Continue partner check-off for Hygiene and ADLs (instructors will be spot checking)</b></p> <p><b>Bring lunch (and blind fold) to have partner assist in feeding*</b></p> <p><b><u>Skills Videos/Practice:</u></b></p> <ol style="list-style-type: none"> <li>25. Using PPE (T)</li> <li>26. Making an Occupied bed (T)</li> <li>27. Assisting with moving a patient in bed (p)</li> <li>28. Assisting with positioning a new patient in bed (p)</li> </ol>	<p><b><u>Friday 1/27</u></b></p> <p><b><u>Testing:</u></b>  <b>Bring lunch (and blind fold) to have partner assist in feeding*</b></p> <p>*Review Fundamentals Chp. 27: Feeding Assistance: Skill 27-1 (pg 478)</p> <p><b>Continue partner check-off for Hygiene and ADLs (instructors will be spot checking)</b></p> <p><b><u>Skills Videos/Practice:</u></b>          Finish weeks 1-2 Introductions</p>
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