

## #17 - OBTAINING A BLOOD PRESSURE TWO STEP METHOD

(TEST)

I acknowledge I have physically practiced and successfully learned the following skill(s):

Student: \_\_\_\_\_ Date: \_\_\_\_\_

	P2	P3	TEST	Points/ Comments
<b>TIME LIMIT: 10 Minutes</b>				
1. Verified health care provider's orders.				*
2. Gathered necessary equipment and supplies.				1
3. Performed hand hygiene.				*
4. Provided for patient's privacy.				1
5. Checked patient's baseline reading, determined best site for use.				*
6. Introduced self to patient and family, identified patient using two identifiers, compared identifiers with information on patient's ID bracelet.				*
7. Asked patient what their Blood Pressure usually was.				*
8. Positioned patient and patient's arm appropriately. Exposed upper arm fully.				2
9. Ensured blood pressure cuff was the appropriate size.				1
10. Palpated patient's brachial artery in the antecubital space or radial pulse in wrist.				1
11. Positioned cuff properly above artery, wrapped fully deflated cuff properly around upper arm.				1
12. Positioned manometer properly				1
13. Palpated brachial or radial artery distal to cuff while inflating cuff with other hand.				1
14. Noted point at which pulse disappeared, slowly deflated cuff. ( <i>state number out loud to instructor</i> )				*
15. Noted point at which pulse reappeared.				*
16. Fully deflated cuff, waited 30 seconds.				*
17. Cleaned earpieces, diaphragm, and bell of stethoscope with alcohol swabs.				*

18. Placed earpieces in ears, ensured sounds were clear and not muffled.			1
19. Placed bell or diaphragm over stethoscope, did not let chestpiece touch cuff or patient's clothing.			1
20. Closed valve on pressure bulb properly, quick inflated cuff to the proper pressure at 30mmhg past first step			2
21. Released valve on pressure bulb, let manometer fall properly, noted point at which the first clear sound was heard.			1
22. Continued to deflate cuff slowly, noted pressure at which sound disappeared. Listened after last sound, let remaining air escape quickly.			1
23. <b>Stated patient's Blood Pressure.</b> Discussed findings with patient.			*
24. Took patient's BP again after 2 minutes, used second set of measurements as baseline.			*
25. Removed cuff from patient's arm, repeated process on other arm when necessary.			*
26. Helped patient into a comfortable position, covered upper arm.			1
27. Cleaned earpieces, diaphragm, and bell of stethoscope with alcohol swabs.			*
28. Compared findings with the appropriate classification of blood pressure.			1
29. Compared BP measurement to patient's baseline.			1
30. Placed personal items within reach.			1
31. Placed call light within easy reach, ensured patient knew how to use it.			*
32. Raised side rails and lowered bed to ensure patient's safety.			*
33. Disposed of used supplies and equipment, left patient's room tidy.			1
34. Removed and disposed of gloves, performed hand hygiene.			*
35. Correctly documented and reported patient's response and outcomes.			*
<i>*To PASS skill: Must document accurate systolic and diastolic blood pressure measurement within 6 points</i>			

**S** = Satisfactory    **U** = Unsatisfactory    **NP** = Not Performed    \* = Must Perform to Pass

TOTAL POINTS \_\_\_\_\_ / **20** \_\_\_\_\_

% \_\_\_\_\_

PASS \_\_\_\_\_

FAIL \_\_\_\_\_

Instructor: \_\_\_\_\_ Date: \_\_\_\_ / \_\_\_\_ / \_\_\_\_\_

*By signing below I acknowledge that I witnessed the skill performed and the student successfully passed the skill.*

Practice 1: Evaluator: \_\_\_\_\_ Signature: \_\_\_\_\_

Practice 2: Evaluator: \_\_\_\_\_ Signature: \_\_\_\_\_

FINAL Student Evaluator: \_\_\_\_\_ Signature: \_\_\_\_\_

You must complete 20 Blood Pressures before Testing (You do not have to use classmates)

NAME	SIGNATURE	NAME	SIGNATURE
1. Manikin Arm		11.	
2. Manikin Arm		12.	
3. Manikin Arm		13.	
4. Manikin Arm		14.	
5. Manikin Arm		15.	
6.		16.	
7.		17.	
8.		18.	
9.		19.	
10.		20.	

DOCUMENT BLOOD PRESSURE BELOW

