

#1 – PERFORMING HAND HYGIENE

(TEST)

I acknowledge I have physically practiced and successfully learned the following skill(s):

Student: _____ Date: _____

TIME LIMIT: 5 MINUTES

Preparation: Nails are short, filed smooth, unpolished. No jewelry is worn except plain wedding band. The watch may be slid up above the elbow.

P2 P3 TEST Points/Comments

	P2	P3	TEST	Points/Comments
1. Pushed watch and sleeves above wrists, removed any rings.				1
2. Used antiseptic hand rub product:				1
a. Dispensed ample amount of product into palm of one hand.				
b. Rubbed hands together, covered palms and back of hands, interlocked fingers, cleaned thumbs and wrists.				*
c. Rubbed hands together until alcohol was dry.				*
d. Allowed hands to dry completely before applying gloves.				1
3. Washed hands with soap and water:				
a. Stood in front of sink, kept hands and uniform away from surface, repeated sequence if hands touched sink.				*
b. Turned faucet on, pushed knee or foot pedals to regulate water.				1
c. Avoided splashing water against uniform.				1
d. Regulated flow so temperature was warm.				1
e. Wet hands and wrists under water, kept hands and forearms lower than elbows.				*
f. Applied appropriate amount of antiseptic soap, rubbed hands together.				*
g. Washed hand thoroughly and properly for an appropriate length of time.				*
h. Cleaned areas underlying fingernails with nails of other hand, used additional soap or disposable nail cleaner.				2
i. Rinsed hands and wrists thoroughly, kept hands down and elbows up.				*
j. Dried hands thoroughly and properly with towel, cloth, or warm-air dryer.				2
k. Discarded paper towel appropriately if used.				1
l. Turned off faucet with a dry paper towel, turned water off with pedal if applicable.				*
m. Applied appropriate lotion to hands, did not use lotion if appropriate.				1

S = Satisfactory **U** = Unsatisfactory **NP** = Not Performed *=Must Perform to Pass

TOTAL POINTS _____ / ____ 12 _____

% _____

PASS _____

FAIL _____

Instructor: _____ Date: ____ / ____ / _____

By signing below I acknowledge that I witnessed the skill performed and the student successfully passed the skill.

Practice 1: Evaluator: _____ Signature: _____

Practice 2: Evaluator: _____ Signature: _____

FINAL Student Evaluator: _____ Signature: _____