

## #21 - TAKING TEMPERATURES

(Partner Check-Off)

I acknowledge I have physically practiced and successfully learned the following skill(s):

Student: \_\_\_\_\_ Date: \_\_\_\_\_

	P1	P2	P3	Comments
1. Introduced self to patient and family.				
2. Identified patient using two identifiers, compared identifiers with information on patient's ID bracelet.				
3. Identified factors that might interfere with temperature measurement, helped patient to comfortable position that allowed access to selected route.				
4. <u>Took oral temperature:</u> a. Applied gloves when indicated. b. Picked up thermometer, verified oral probe with blue tip was attached. c. Grasped probe properly, slid disposable cover over probe until cover locked. d. Asked patient to open mouth, placed probe properly under tongue, had patient hold probe in place with lips closed. e. Kept thermometer in place until audible signal sounded. f. Removed probe, read display. g. Discarded probe cover in appropriate receptacle.				
5. <u>Took rectal temperature:</u> a. Ensured patient's privacy, helped patient to appropriate position. b. Moved bed linen to expose anal area, kept upper body and legs covered. c. Applied gloves. d. Picked up thermometer, attached rectal probe to thermometer. e. Slid disposable cover over probe. f. Inserted probe with cover into individual lubricant packet or squeezed lubricant onto a tissue. g. Separated patient buttocks, instructed patient to relax and breathe. h. Inserted probe into anus in direction of the umbilicus, did not force probe. i. Held probe in place, removed probe after audible signal sounded. j. Discarded probe cover properly, wiped probe with an alcoholic swab.				
6. <u>Took axillary temperature:</u> a. Ensured patient's privacy, helped position patient and gown appropriately. b. Raised patient's arm, inspected axillary area for lesions or heavy perspiration, patted area dry. c. Picked up thermometer. d. Attached oral probe, slid disposable cover over. e. Placed probe in center of axilla, moved arm over probe and across chest. f. Held probe in place, listened for signal, removed probe. g. Discarded probe cover in appropriate receptacle.				
7. <u>Took tympanic temperature:</u>				

<ul style="list-style-type: none"> <li>a. Assessed for factors that might affect the patient’s temperature.</li> <li>b. Removed patient’s hearing aid when present.</li> <li>c. Ensured patient was in appropriate comfortable position.</li> <li>d. Picked up thermostat.</li> <li>e. Slid disposable speculum cover over lens tip until cover locked into place, avoided touching lens cover.</li> <li>f. Held thermometer in the appropriate hand.</li> <li>g. Pulled pinna back appropriately, fitted speculum into ear canal properly.</li> <li>h. Pulled pinna down and back for child under 3, pointed speculum tip properly.</li> <li>i. Pressed scan button, moved or kept speculum still depending on manufacturer’s instructions.</li> <li>j. Held speculum until audible signal sounded.</li> <li>k. Removed speculum from patient’s ear, ejected speculum cover in appropriate receptacle.</li> <li>l. Applied fresh speculum cover and repeated process in other ear when needed, used alternative route when needed.</li> </ul>				
<p>8. <u>Took temporal artery/skin temperature:</u></p> <ul style="list-style-type: none"> <li>a. Removed thermometer from case or charger, ensured patient was comfortable.</li> <li>b. Placed disposable cover on probe or cleaned with disinfectant.</li> <li>c. Placed probe in center of patient’s forehead, pressed and held red button.</li> <li>d. Slid probe properly across patient’s forehead, placed probe on neck behind ear.</li> <li>e. Released red button, read temperature.</li> </ul>				
<p>9. Told patient temperature, removed cover or cleaned thermometer when needed.</p>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
<p>10. Helped patient to comfortable position when needed. Raised side rails when appropriate.</p>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
<p>11. Removed gloves. Performed hand hygiene.</p>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
<p>12. Returned thermometer to charger, when applicable, placed in appropriate storage location.</p>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
<p>13. Recorded patient’s current temperature, compared to baseline or acceptable range.</p>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	

**S** = Satisfactory    **U** = Unsatisfactory    **NP** = Not Performed    \* = Must Perform to Pass

*By signing below I acknowledge that I witnessed the skill performed and the student successfully passed the skill.*

Practice 1: Evaluator: \_\_\_\_\_ Signature: \_\_\_\_\_

Practice 2: Evaluator: \_\_\_\_\_ Signature: \_\_\_\_\_

FINAL Student Evaluator: \_\_\_\_\_ Signature: \_\_\_\_\_

**conversions: 1.8 x C + 32 = F    F-32/1.8 = C**