

NURSING DIAGNOSIS: INEFFECTIVE BREATHING PATTERN		Patient's Medical Diagnosis:	
DEFINITION:	The state in which an individual's inhalation and/or exhalation pattern does not enable adequate pulmonary inflation or emptying.		
DEFINING CHARACTERISTICS:	Dyspnea, shortness of breath, tachypnea, fremitus, abnormal arterial blood gas, cyanosis, cough, nasal flaring, respiratory depth changes, pursed-lip breathing/ prolonged expiratory phase, increased anteroposterior diameter, use of accessory muscles, altered chest excursion.		
RELATED FACTORS:	Neuromuscular impairment; pain; musculoskeletal impairment; perception/cognitive impairment; anxiety; decreased energy/fatigue.		
STUDENT INSTRUCTIONS:	In the space below enter the subjective and objective data gathered during your patient assessment.		
ASSESSMENT	<i>Subjective Data Entry</i>	<i>Objective Data Entry</i>	
	TIME OUT!	Student Instructions: To be sure your patient diagnostic statement written below is accurate, you need to review the defining characteristics and related factors associated with the nursing diagnosis and see how your patient data matches. Do you have an accurate match or is additional data required or does another nursing diagnosis need to be investigated?	
DIAGNOSIS	PATIENT DIAGNOSTIC STATEMENT:	Nursing Diagnosis: _____ Related to: _____ AEB: _____	

PLANNING	Desired Outcome The Patient Will:				
	And Patient Criteria:				
EVALUATION	TIME OUT!	The desired outcome must meet criteria to be accurate. The outcome must be specific, realistic, measurable, and include a time frame for completion. Does the action verb describe the patient's behavior to be evaluated? Can the outcome be used in the evaluation step of the nursing process to measure the patient's response to the nursing interventions listed below?			
		<table border="1" style="width: 100%;"> <tr> <td style="width: 50%; text-align: center;">Interventions</td> <td style="width: 50%; text-align: center;">Rationale For Selected Intervention and References</td> </tr> <tr> <td style="height: 150px;"></td> <td style="height: 150px;"></td> </tr> </table>	Interventions	Rationale For Selected Intervention and References	
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DOCUMENTATION	TIME OUT!	Do your interventions assist in achieving the desired outcome? Do your interventions address further monitoring of the patient's response to your interventions and to the achievement of the desired outcome? Are qualifiers: when, how, amount, time, and frequency used? Is the focus of the action's verb on the nurse's actions and not on the patient? Do your rationales provide sufficient reason and directions?			
		What was your patient's response to the interventions?			
		Was the desired outcome achieved? If no, what revisions to either the desired outcome or interventions would you make? <input type="checkbox"/> Yes <input type="checkbox"/> No			
	Documentation Focus: Now that you have completed the evaluation, the next step is to document your care and the patient's response. Use the areas below to enter your progress note information. (Past Tense) .				

INSTRUCTOR'S COMMENTS: