

**#26 - MAKING AN OCCUPIED BED**

**(TEST)**

**I acknowledge I have physically practiced and successfully learned the following skill(s):**

**Student:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**\*Tested in groups of 4-randomly assigned**

**TIME LIMIT: 20 Minutes**

	<b>P2</b>	<b>P3</b>	<b>TEST</b>	<b>Points/ Comments</b>
1. Performed hand hygiene.				*
2. Verified health care provider's orders, assessed activity or mobility restrictions that might affect position.				*
3. Assembled necessary equipment and supplies.				2
4. Provided for patient's privacy.				*
5. Introduced self to patient and family.				*
6. Identified patient using two identifiers, compared identifiers with ID bracelet.				*
7. Explained procedure to the patient, checked floor for spills, ensured bed is in locked position, assembled linen on bedside table in order of use.				1
8. Raised bed to a comfortable working height, lowered head as much as patient can tolerate.				1
9. Applied clean gloves.				*
10. Loosened top linen at foot of bed.				1
11. Removed bedspread and blanket separately, placed in linen bag or folded and placed on chair.				2
12. Covered patient with bath blanket over topsheet, secured top edge of blanket appropriately, removed topsheet from beneath blanket, discarded in linen bag.				2
13. Lowered side rail on own side, helped patient to lie facing away from				2

nurse, adjusted pillow under patient's head.			
14. Ensured no tension was placed on external devices.			*
15. Stood on one side of bed, loosened bottom linens properly, rolled bottom sheet and drawsheet towards and under patient, cleaned and dried mattress surface if necessary.			2
16. Removed gloves, performed hand hygiene.			*
17. Applied clean linens to exposed half in separate layers, secured corners and put center crease in middle of bed for each layer.			2
18. Pulled fitted sheet smoothly over corners at top and bottom of bed if used, allowed edge of flat sheet to hang properly over edge if using, ensured lower hem of bottom sheet lies seam down and even with bottom edge of mattress.			2
19. Mitered top corner of bottom sheet properly if sheet is flat.			1
20. Lifted top of sheet, laid on mattress to form a triangular fold, tucked lower edge of sheet under mattress, tucked this portion of sheet properly under mattress.			2
21. Held in place portion of sheet covering side of mattress, picked up triangle fold and brought over side of mattress.			1
22. Tucked remaining portion of sheet properly under mattress.			1
23. Placed open drawsheet along center of bed, tucked remained under patient's buttocks and torso, kept linen as flat as possible.			1
24. Raised side rail, asked patient to turn towards nurse, told patient he or she will roll over several layers of linen, helped patient turn and keep correct body alignment.			2
25. Moved to opposite side of bed, lowered side rail, helped position patient over linen.			1
26. Loosened edge of soiled linen, removed by folding into bundle or square.			1
27. Held linen away from body, placed in soiled linen bag.			*
28. Cleaned, disinfected, and dried other half of mattress as needed.			1

29. Removed and disposed of gloves.			*
30. Raised side rails, performed hand hygiene.			*
31. Lowered side rails, pulled clean linen, mattress pad, and drawsheet properly over edge of mattress, pulled corners of fitted sheet over edge of mattress or pulled fitted sheet towards nurse, mitered top corner of bottom flat sheet.			2
32. Grasped remaining edge of bottom flat sheet properly, leaned back and pulled sheet, tucked excess linen properly under mattress.			1
33. Ensured sheets and pads are smooth and wrinkle free.			1
34. Helped patient to appropriate position.			1
35. Covered patient properly with topsheet.			1
36. Had patient roll onto sheet and blanket as nurse removed bath blanket.			1
37. Placed bed blanket properly over patient.			1
38. Spread out sheet and blanket evenly from other side of bed.			1
39. Made cuff at top edge of topsheet.			1
40. Tucked remaining sheet and blanket under foot of mattress, did not pull out the toe pleat.			1
41. Made modified mitered corner with topsheet and blanket.			1
42. Went to other side over bed, repeated Steps 37 and 38.			1
43. Made horizontal toe pleat properly.			1
44. Applied clean pillowcase properly, did not place pillow under chin, in teeth, or in arms, did not shake pillow.			1
45. Helped patient to comfortable position, raised side rails and lowered bed as needed to ensure patient safety.			*
46. Placed call light within reach, ensured patient knows how to use it.			*
47. Placed linen bag in appropriate receptacle, disposed of used supplies and equipment, removed and disposed of gloves.			*

48. Arranged patient's personal items appropriately.				1
49. Performed hand hygiene.				*
50. Documented and reported patient's response and outcomes.				*

**S** = Satisfactory    **U** = Unsatisfactory    **NP** = Not Performed    **\***=Must Perform to Pass

TOTAL POINTS \_\_\_\_\_ / **44** \_\_\_\_\_

% \_\_\_\_\_

PASS \_\_\_\_\_

FAIL \_\_\_\_\_

Instructor: \_\_\_\_\_ Date: \_\_\_\_ / \_\_\_\_ / \_\_\_\_\_

*By signing below I acknowledge that I witnessed the skill performed and the student successfully passed the skill.*

Practice 1: Evaluator: \_\_\_\_\_ Signature: \_\_\_\_\_

Practice 2: Evaluator: \_\_\_\_\_ Signature: \_\_\_\_\_

FINAL Student Evaluator: \_\_\_\_\_ Signature: \_\_\_\_\_