

## INTERACTIVE CARE PLAN WORKSHEET

Student Name: \_\_\_\_\_

NURSING DIAGNOSIS <b>RISK FOR INJURY</b>		Patient's Medical Diagnosis: _____
<b>DEFINITION:</b>	A state in which an individual is at increased risk of injury as a result of environmental conditions interacting with the individual's adaptive and defensive resources.	
<b>DEFINING CHARACTERISTICS:</b>	<p><b>Internal:</b> Biochemical, regulatory function (sensory dysfunction, integrative dysfunction, effector dysfunction, tissue hypoxia), malnutrition; immune/autoimmune abnormal blood profile (leukocytosis/leukopenia; altered clotting factors; thrombocytopenia; sickle cell, Thalassemia; decreased hemoglobin); physical (broken skin, altered mobility); developmental age (physiological, psychosocial); psychological (affective, orientation).</p> <p><b>External:</b> Biological (immunization level of community, microorganism); chemical (pollutants, poisons, drugs, pharmaceutical agents, alcohol, caffeine, nicotine, preservatives, cosmetics and dyes), nutrients (vitamins, food types); physical (design, structure, and arrangement of community, building, and/or equipment); mode of transport/transportation; people/provider (nosocomial agents; cognitive, affective, and psychomotor factors).</p>	
<b>RELATED FACTORS:</b>		
<b>STUDENT INSTRUCTIONS:</b>	In the space below enter the subjective and objective data gathered during your patient assessment.	
<b>ASSESSMENT</b>	<b>Subjective Data Entry</b>	<b>Objective Data Entry</b>
	<p><b>TIME OUT!</b> <b>Student Instructions:</b> To be sure your patient diagnostic statement written below is accurate, you need to review the defining characteristics and related factors associated with the nursing diagnosis and see how your patient data matches. Do you have an accurate match or is additional data required or does another nursing diagnosis need to be investigated?</p>	
<b>DIAGNOSIS</b>	<b>PATIENT DIAGNOSTIC STATEMENT:</b>	<p><b>Nursing Diagnosis:</b> _____</p> <p><b>Related to:</b> _____</p> <p><b>AEB:</b> _____</p>

<b>PLANNING</b>	<b>Desired Outcome And Patient Criteria:</b> The Patient Will:	
	<b>TIME OUT!</b>	The desired outcome must meet criteria to be accurate. The outcome must be specific, realistic, measurable, and include a time frame for completion. Does the action verb describe the patient's behavior to be evaluated? Can the outcome be used in the evaluation step of the nursing process to measure the patient's response to the nursing interventions listed below?
	<b>Interventions (in present tense)</b>	<b>Rationale For Selected Intervention and References</b>
<b>EVALUATION</b>	<b>TIME OUT!</b>	Do your interventions assist in achieving the desired outcome? Do your interventions address further monitoring of the patient's response to your interventions and to the achievement of the desired outcome? Are qualifiers: <b>when, how, amount, time, and frequency</b> used? Is the focus of the action's verb on the nurse's actions and not on the patient? Do your rationales provide sufficient reason and directions?
	<b>What was your patient's response to the interventions?</b>	
	<b>Was the desired outcome achieved?</b> If no, what revisions to either the desired outcome or interventions would you make?  Yes                  No	
<b>DOCUMENTATION</b>	<b>Documentation Focus:</b> Now that you have completed the evaluation, the next step is to document your care and the patient's response. Use the areas below to enter your progress note information. <b>(Past tense)</b>	

**INSTRUCTOR'S COMMENTS:**