

#38 - ASSISTING WITH AMBULATION USING A GAIT BELT (Partner Check-Off)

I acknowledge I have physically practiced and successfully learned the following skill(s):

Student: _____ Date: _____

	P1	P2	P3	Comments
1. Verified health care provider's orders.				
2. Gathered necessary equipment and supplies.				
3. Performed hand hygiene.				
4. Provided for the patient's privacy.				
5. Introduced self to patient and family.				
6. Identified patient using two identifiers.				
7. Explained procedure to patient.				
8. Lowered bed as much as possible, lowered side rail, helped patient into appropriate position.				
9. Stood on appropriate side of bed.				
10. Had patient sit on side of bed for a few minutes, had patient take deep breaths until balance is obtained, helped patient into robe, asked patient to move legs and feet in circles, applied nonskid slippers.				
11. Assessed for dizziness.				
12. Applied gait belt, secured and ensured fit was snug.				
13. Assisted ambulation with one nurse: <ul style="list-style-type: none"> a. Stood and grasped gait belt in middle of patient's back. b. Helped patient to standing position, observed patient's balance. c. Reconfirmed patient did not feel lightheaded, made additional arrangements as necessary, ensured urinary drainage bags are carried below level of the bladder. d. Had patient take a few steps while standing on appropriate 				

- side.
- e. Took steps with patient, assessed patient for strength and balance.
- f. Returned patient to bed or chair if dizzy or weak.
- g. Eased patient properly to floor if he or she begins to fall.

14. Assisted ambulation with two nurses:

- a. Reconfirmed patient did not feel lightheaded.
- b. Helped patient into sitting position, applied gait belt, helped patient standing position, observed patient's balance.
- c. Stood with one nurse on each side of patient.
- d. Both nurses grasped walking belt.
- e. Stepped forward with patient, kept speed and step size same as patient's.
- f. Increased distance walked gradually.
- g. Returned patient to chair or bed if he or she becomes dizzy.
- h. Eased patient properly to floor if her or she begins to fall.

15. Helped patient into comfortable position, placed personal items within reach.

16. Placed call light within reach, ensured patient knows how to use it.

17. Raised side rails and lowered bed to ensure patient safety.

18. Disposed of used equipment and supplies, left patient's room tidy.

19. Removed and disposed of gloves, performed hand hygiene.

20. Documented and reported patient's response.

S = Satisfactory **U** = Unsatisfactory **NP** = Not Performed ***** = Must Perform to Pass

By signing below I acknowledge that I witnessed the skill performed and the student successfully passed the skill.

Practice 1: Evaluator: _____ Signature: _____

Practice 2: Evaluator: _____ Signature: _____

FINAL Student Evaluator: _____ Signature: _____