#40 – TRANSFERRING FROM A BED TO WHEELCHAIR

(Partner Check-Off)

I acknowledge I have physically practiced and successfully learned the following skill(s):

Student:	Date:
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		Ρ1	Ρ2	Р3	Comments
1.	Verified the health care provider's orders.	· _			J 1 1 1
2.	Gathered the necessary equipment and supplies.	-I	- <mark> </mark>		/
3.	Provided for the patient's privacy.				
4.	Introduced self to the patient and family.		 	 	
5.	5. Identified the patient using two identifiers. Compared these identifiers with the information on the patient's identification bracelet.				
6.	Explained the procedure to the patient.		· 	- 	
7.	Performed hand hygiene and applied gloves if indicated.				
8.	Locked the bed brakes and wheelchair wheels. Positioned the wheelchair and secured the wheels.			 	
9.	Adjusted the height of the bed to the level of the wheelchair seat.		· • • • • • • • • • • • • • • • • • • •	L	
12.	Raised the footrests and swung the leg rests outward on the wheelchair.	- <mark> </mark> 	- <mark>L</mark>	L	/
13.	Sat the patient up on the side of the bed:				
	 a. With the patient supine, raised the head of the bed 30 degrees. b. Turned the patient onto his or her side facing the nurse. c. Stood opposite the patient's hips. Turned diagonally. d. Created a wide base of support. e. Slipped arm under the patient's shoulders, supporting the head and the neck. f. Placed other arm over the patient's thighs. g. Moved the patient's lower legs and feet over the side of the bed, allowing the patient's upper legs to swing down. h. At the same time, shifted weight to back leg and lifted the patient on the side of the bed. 				
14.	Helped the patient move to the edge of the mattress. Allowed the patient to sit on the side of the bed for a few minutes before transferring him/her to a wheelchair. Asked if the patient felt dizzy.				
16.	Helped the patient apply stable, nonskid shoes. Placed the patient's weight-			$\frac{1}{1}$	

	bearing leg forward, with the weaker foot to the back.	 	 	- 			
17.	Placed the transfer belt on the waist of the patient.	 			 		
18.	Slid the metal trimmed end of the gait belt through the teeth on the other end. Pulled the metal trimmed end away from the teeth. Tightened the belt until snug on the patient's center of gravity.			• • • • • • • • • • • • • • • • • • •			
19.	Spread feet. Flexed hips and knees, and aligned knees with those of the patient.	1		L			
20.	Grasped the transfer belt along the patient's sides. And positioned self slightly in front of the patient.						
22.	On the count of three, rocked the patient up to a standing position.						
23.	While rocking the patient in a back-and-forth motion, made sure body weight was moving in the same direction as that of the patient. Asked the patient to push up off the mattress.						
24.	Maintained the stability of the patient's weak or paralyzed leg with knee.						
25.	Instructed the patient to feel for the edge of the wheelchair seat against the legs and to use the armrests for support.						
26.	Flexed hips and knees while lowering the patient into the wheelchair.		 	 	,		
27.	Ensured the patient was positioned well back in the seat. Provided support to the extremities if needed.						
28.	Lowered the footrests after transferring the patient, and placed the patient's feet on them.						
29.	Provided comfort measures for the patient and ensured that the call light was within reach. Placed a blanket over the patient's legs, if needed.			2			
31.	Monitored the patient's vital signs as needed. Asked if the patient felt dizzy or fatigued. Noted the patient's behavior during the transfer.						
32.	Documented how long the patient was in the chair and the care provided.			 			
S = Satisfactory U = Unsatisfactory NP = Not Performed *=Must Perform to Pass							
By signing below I acknowledge that I witnessed the skill performed and the student successfully passed the skill. Practice 1: Evaluator: Signature:							

Practice 2: Evaluator:______Signature:_____

FINAL Student Evaluator:______ Signature:_____