## **#45 – SUTURE AND STAPLE REMOVAL**

## (Partner Check-Off)

I acknowledge I have physically practiced and successfully learned the following skill(s):

	Student:Date:Date:				
		P2	Р3	TEST	Comments
1.	<ul> <li>Verified the health care provider's orders. Confirms order for suture/staple removal (usually 7-10 days post op)</li> <li>Reviews patient chart for: <ul> <li>a. History of allergies</li> <li>b. Conditions that place the patient at risk for impaired wound healing</li> </ul> </li> </ul>				
2.	Gathered the necessary equipment and supplies.				
3.	Performed hand hygiene, and provided for the patient's privacy.	, , , ,			
4.	Introduced self to the patient and family.				! !
5.	Identified the patient using two identifiers. Compared the identifiers with the information on the patient's identification bracelet.				
6.	Assessed pain status while explaining the procedure to the patient. Administered pain medication if needed	       	       J		
8.	Positioned the patient comfortably, and draped him or her to expose only the wound site. Instructed the patient not to touch the wound or the sterile supplies. Explained procedure completely to patient.				
9.	Placed a disposable biohazard bag within reach of work area. Folded the top of the bag to make a cuff.				1 1 1 1 1
	Opens suture/staple removal supplies using sterile technique				   
10.	Applied clean disposable gloves.				
11.	Pulled the tape parallel to the skin, toward the dressing, while holding down the uninjured skin. Pulled in the direction of any hair growth. Removed any adhesive from the skin. Assessed and inspects incision site for soft tissue reaction, approximation of edges, and pain.				· · · · · · · · · · · · · ·
12.	Disposed of the gloves and soiled dressing according to agency's policy. Performed hand hygiene. Applied clean gloves.				
13.	Applied sterile gloves, and gently palpated the edges of the wound to determine whether the patient's pain had increased and to assess for drainage and bogginess. Cleanses suture/staples and healed incision with antiseptic, allowed to dry.				
14.	Removes gloves, performs hand hygiene. Applies sterile gloves				
15.	Counts all sutures/staples. Removes every other suture/staple using proper technique. Places staples into proper disposal container.				
16.	Reassessed wound and inspected incision site for soft tissue reactions, approximation of edges, possibility of embedded sutures, and pain. Counts number of suture or staples removed.				
17.	Applies steri-strips: a. Applied a light layer of benzoin (warn patient it will be cold)	I I I	i 1 1 -!	     	1 1 1

	b. After benzoin dries, applied supportive steri-strip closures					
18.	Disposed of gloves and performed hand hygiene.					
19.	Applied sterile glove if placing a dry dressing (REFER TO SKILL #44)		   			
25.	Removed any personal protective equipment used. Applied clean gloves to dispose of soiled supplies.					
26.	Disposed of used supplies and equipment.	   	   			
27.	Helped the patient into a comfortable position, and placed toiletries and personal items within reach.		1 1 1 1			
28.	Placed the call light within easy reach, and made sure the patient knew how to use it to summon assistance.		1 1 1 1			
29.	Raised the appropriate number of side rails and lowered the bed to the lowest position. Locked Bed Wheels		     			
30.	Removed and disposed of gloves. Performed hand hygiene.		i i			
31.	Documented and reported the patient's response and expected or unexpected outcomes.					
<b>S</b> = Satisfactory <b>U</b> = Unsatisfactory <b>NP</b> = Not Performed *=Must Perform to Pass						

By signing below I acknowledge that I witnessed the skill performed and the student successfully passed the skill.

Practice 1: Evaluator:	Signature:
Practice 2: Evaluator:	_Signature:
FINAL Student Evaluator:	Signature: