

#46 - PERFORMING BLOOD GLUCOSE TESTING

(TEST-Completed in Hospital)

I acknowledge I have physically practiced and successfully learned the following skill(s):

Student: _____ Date: _____

Time limit depending on situation	P2	P3	TEST	Points/ Comments
1. Verified the health care provider's orders. Gathered the necessary equipment and supplies				*
3. Performed hand hygiene. Ensured patient privacy.				*
4. Introduced self to the patient and family.				*
5. Identified the patient using two identifiers. Compared the identifiers on the medication administration record with the information on the patient's identification bracelet, and/or asked the patient to state his or her name.				*
6. Assessed the patient. Noted in particular the condition of the skin and possible puncture sites. Looked for edema, inflammation, cuts, and sores. Avoided bruised areas and open lesions.				3
7. Positioned the patient comfortably in a chair or in the semi-Fowler's position in bed. Instructed the patient to perform hand hygiene, including the forearm, when applicable, with soap and water. Rinsed and dried.				2
9. Removed the reagent strip from the vial, and tightly resealed the cap. Inserted the test strip into the meter according to the manufacturer's directions. Did not bend the strip.				2
10. Checked the code on the test strip vial. Pressed the proper button on the meter to confirm that the codes matched.				1
11. Prepared a single- or multiple-use lancet device: Removed the cap from the lancet device, and inserted a new lancet. Twisted off the protective cover on the tip of the lancet. Replaced the cap of the lancet device. Cocked the lancet device, adjusting for proper puncture depth.				3
12. Obtained a blood sample: <ol style="list-style-type: none"> a. Applied clean gloves and selected a puncture site in a vascular area. b. Wiped the puncture site lightly with an antiseptic swab. Allowed it to dry. c. Held the area to be punctured in a dependent position. Did not milk or massage the finger site. d. Held the tip of the lancet device against the skin at the intended puncture site. Pressed the release button on the device. 				*

e. Removed the device when blood sample appeared.			
f. When necessary, gently squeezed or massaged the fingertip until a blood drop formed.			
13. Obtained test results: Made sure the meter was still on. Brought the meter with the test strip already in place to the finger. Obtained an adequate sample of blood.			2
14. Turned off the meter. Disposed of the test strip and lancet in the proper receptacles.			1
15. Removed and disposed of gloves. Performed hand hygiene.			*
16. Assessed the puncture site for any bleeding.			1
17. Discussed the test results with the patient. Allowed the patient to ask questions. When the patient had a new diagnosis of diabetes mellitus, encouraged the patient to become an active participant in care as soon as the patient felt ready.			2
18. Helped the patient into a comfortable position, and placed toiletries and personal items within reach.			1
19. Placed the call light within easy reach, and made sure the patient knew how to use it to summon assistance.			*
20. Raised the appropriate number of side rails and lowered the bed to the lowest position. Ensured bed wheels were locked. Left room tidy			*
21. Documented and reported the patient's response and expected or unexpected outcomes as per agency policy. Documented test results where appropriate according to agency policy.			*

S = Satisfactory **U** = Unsatisfactory **NP** = Not Performed * = Must Perform to Pass

TOTAL POINTS _____ / **18** _____

% _____

PASS _____

FAIL _____

Instructor: _____ Date: ____ / ____ / _____

By signing below I acknowledge that I witnessed the skill performed and the student successfully passed the skill.

Practice 1: Evaluator: _____ Signature: _____

Practice 2: Evaluator: _____ Signature: _____

FINAL Student Evaluator: _____ Signature: _____