

#49 - PERFORMING INTERMITTENT STRAIGHT CATHETERIZATION**(TEST)**

I acknowledge I have physically practiced and successfully learned the following skill(s):

Student: _____ Date: _____

TIME LIMIT: 20 Minutes	P2	P3	TEST	Points/ Comments
1. Verified the health care provider's orders. Checked the patient's plan of care for the size and type of catheter to use if this was a reinsertion. Used the smallest catheter size possible. Verified any allergies. Gathered the necessary equipment and supplies.				*
2. Performed hand hygiene.				*
3. Provided for patient privacy.				*
4. Introduced self to the patient and family.				*
5. Identified the patient using two identifiers. Compared the identifiers to the patient's medical record.				*
7. Raised the bed to an appropriate working height. If side rails were in use, raised the rail on the opposite side of the bed and lowered the rail on the working side.				2
8. Applied clean gloves. Placed a waterproof pad under the patient.				*
9. Performed intermittent straight catheterization for a <u>male</u> patient: Positioned the patient supine.				1
a. Draped the male patient: Draped his upper body with a small sheet or towel. Draped the lower body with a separate sheet or bath blanket, so that only the perineum is exposed				2
b. Performed perineum care.				*
c. Opened the sterile straight catheterization kit without contamination				*
d. Draped the patient's perineum. If sterile gloves were packed as first item, donned sterile gloves and then applied drape.				3
I. Picked up the square drape and allowed it to unfold without touching any sterile surface.				
II. Placed this drape over the patient's thighs, with the shiny side down, just below the penis.				
e. Applied sterile gloves.				*
f. Placed the sterile tray and the prepared contents on the sterile square drape. Formed a continuous sterile field with the sterile wrap under the				*

tray or box and the drape under the patient.			
g. Lubricated the catheter tip.			1
h. With nondominant hand, gently grasped the penis at the shaft just below the glans. Retracted the foreskin if the patient was uncircumcised. Held the shaft of the penis at a right angle to the body.			2
i. Used uncontaminated dominant hand, cleansed the meatus with cotton balls or swabs, used circular strokes, began at the meatus and worked outward in a spiral pattern.			2
j. Repeated this process three times, used a clean cotton ball or swab each time.			1
k. Gently applied upward traction to the penis. Slowly inserted the catheter through the urethral meatus. Advanced the catheter 17 to 22.5 cm, or until urine flowed out of the catheter.			*
l. If resistance was felt, or the patient reported pain as the catheter was advanced, DID NOT USE FORCE. Stopped advancing the catheter. Asked the patient to relax and take slow, deep breaths. Held the catheter gently in place without forcing it.			2
m. Lowered the penis, and held the catheter securely in nondominant hand. Allowed the bladder to empty fully or partially, according to agency policy.			2
n. Slowly withdrew the catheter.			1
11. Disposed of used supplies and provided hygiene care as needed. Removed and disposed of gloves and performed hand hygiene.			*
12. Apply clean gloves. Helped the patient into a comfortable position, and placed toiletries and personal items within reach.			1
13. Removed and disposed of gloves, and performed hand hygiene.			*
14. If a specimen has been collected, labeled it in front of the patient and sent it to the lab immediately. Prepared the specimen for transport:			*
a. Placed the labeled specimen in a biohazard bag.			
b. If the specimen required ice for transport, placed the specimen in a biohazard bag then placed the bag with the specimen into a second biohazard bag filled with ice slurry.			
15. Placed the call light within easy reach, and made sure the patient knew how to use it to summon assistance.			*
16. Raised the appropriate number of side rails and lowered the bed to the lowest position. Ensured bed wheels were locked.			*
17. Left the patient's room tidy.			1
18. Documented and reported the patient's response and expected or unexpected outcomes. Recorded the date and time of the procedure, as well as urine output.			*

S = Satisfactory **U** = Unsatisfactory **NP** = Not Performed *****=Must Perform to Pass

TOTAL POINTS _____ / **21** _____

% _____

PASS _____

FAIL _____

Instructor: _____ Date: ____ / ____ / _____

By signing below I acknowledge that I witnessed the skill performed and the student successfully passed the skill.

Practice 1: Evaluator: _____ Signature: _____

Practice 2: Evaluator: _____ Signature: _____

FINAL Student Evaluator: _____ Signature: _____

CHARTING CRITERIA: In nurse's notes, records peri care given as well as straight catheter inserted, including size and type of catheter, amount and color of return. Specimen sent to lab if appropriate. Condition of the genitalia and how the patient tolerated the procedure. Record on I&O sheets. Complete NANDA statement.

TIME	INTERDISCIPLINARY NOTES

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