

#51 - REMOVING AN INDWELLING URINARY CATHETER**(TEST)**

I acknowledge I have physically practiced and successfully learned the following skill(s):

Student: _____ Date: _____

TIME LIMIT: 15 Minutes	P2	P3	TEST	Points/ Comments
1. Verified the health care provider's orders and previous documentation to determine how much fluid was used to fill the balloon on insertion.				*
2. Gathered the necessary equipment and supplies.				*
3. Performed hand hygiene.				*
4. Closed the door to the room, and pulled the bedside curtain.				*
5. Introduced self to the patient and family.				*
6. Identified the patient using two identifiers.				*
7. Explained the procedure prior to proceeding.				1
8. Organized the equipment needed for perineal care and catheter removal.				1
9. Raised the bed to a comfortable working height. Lowered the side rails on the working side.				2
10. Applied gloves and placed a waterproof pad under the patient's buttocks, and covered him or her with a bath blanket. Helped female patient into dorsal recumbent position.				*
11. Removed the catheter securement device while maintaining the catheter connection with the drainage tubing.				1
12. Performed catheter care and perineal hygiene.				1
13. Removing the catheter on a female patient:				
a. Moved the syringe plunger up and down to loosen it; then withdrew the plunger to 0.5 mL. Inserted the hub of the sterile syringe into the inflation valve or balloon port. Allowed the balloon fluid to drain into the syringe by gravity. Made sure all fluid was removed by comparing the amount removed to the volume used for inflation.				*
b. Did not force connections and avoided workarounds per the organization's practice.				1
c. While the patient exhales slowly, pulled the catheter out smoothly and				2

slowly. Did not use force. When there was resistance, reattached the syringe and made sure all of the fluid was drained. Examined the catheter to make sure it was intact.			
d. Once the catheter was removed, wrapped the contaminated catheter in a waterproof pad. Unhooked the collection bag and drainage tubing from the bed.			2
14. Provided hygiene to the patient as needed. Helped the patient into a comfortable position, and placed toiletries and personal items within reach.			1
15. Raised the appropriate number of side rails and lowered the bed to the lowest position. Reassessed the patient after the procedure to make sure that he or she was comfortable. Informed the patient how many hours he or she had to void after the catheter was removed.			*
16. Emptied urine from the drainage bag, measured it, and recorded the amount.			1
17. Removed gloves and performed hand hygiene.			*
18. Unless contraindicated, encouraged the patient to maintain or increase his or her fluid intake.			1
19. Initiated a voiding record or bladder diary. Instructed the patient to tell when he or she needed to void, so that all urine could be measured. Made sure the patient understood how to use the collection container.			2
20. Explained that many patients experience mild burning, discomfort, or small-volume voiding initially after catheter removal, and that these symptoms would subside soon. Told the patient to report any signs of complications.			*

S = Satisfactory **U** = Unsatisfactory **NP** = Not Performed * = Must Perform to Pass

TOTAL POINTS _____ / **16** _____

% _____

PASS _____

FAIL _____

Instructor: _____ Date: ____ / ____ / _____

By signing below I acknowledge that I witnessed the skill performed and the student successfully passed the skill.

Practice 1: Evaluator: _____ Signature: _____

Practice 2: Evaluator: _____ Signature: _____

FINAL Student Evaluator: _____ Signature: _____