## #54 - COLLECTING A MIDSTREAM URINE SPECIMEN

## (Partner Check-Off)

	Student:Date:				
		P2	Р3	Р3	Comments
1.	Verified the health care provider's orders. Gathered the necessary equipment and supplies				
2.	Performed hand hygiene. Provided for the patient's privacy		 	<u> </u>	 
3.	Introduced self to the patient and family.	- <del>-</del>	 1 1 1	     	
4.	Identified the patient using two identifiers. Compared the patient identifiers in the medication administration record with the information on the patient's identification bracelet, and/or asked the patient to state his or her name.				
5.	<ul> <li>a. Applied clean gloves. Gave the patient a cleansing towelette or a towel, washcloth, and soap to cleanse the perineum, or assisted the patient in doing so. When the patient was unable to get out of bed, helped him or her onto a bedpan to facilitate access to the perineum. Removed and disposed of gloves.</li> <li>b. Opened the sterile specimen container, maintaining the sterility of the inside of the container. Set the cap down with the sterile inside facing up. Did not touch the inside of the cap or the container.</li> <li>c. Allowed the patient to cleanse the perineum and collect the specimen independently, when the patient was able to do so.</li> </ul>				
	d. Applied clean gloves.  Collected a specimen from a male patient:	- <del>-</del>	<u> </u>	<u> </u> 	  - 
	<ul> <li>a. Held the penis with one hand. Used a circular motion to cleanse the meatus with an antiseptic towelette, moving from the center to the outside. Cleansed the area three times, using three different towelettes. If the patient was uncircumcised, asked him to retract the foreskin. Kept the foreskin retracted as he voided, and returned it to its natural position when he had finished.</li> <li>b. Rinsed the area with sterile water, and dried it with cotton balls or gauze pads if agency's policy requires.</li> <li>c. After the patient initiated the urine stream into the toilet or bedpan, had him pass the urine specimen container into the stream and collect 90 to 120 mL of urine.</li> <li>d. Removed the specimen container before the flow of urine stops and before releasing the penis. Permitted the patient to finish voiding into the bedpan or toilet. Helped the patient with personal hygiene as</li> </ul>				
	appropriate.  Collected a specimen from a female patient:		<u> </u>		

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	<ul> <li>a. Spread the labia minora with the fingers of the nondominant hand.</li> <li>b. With the dominant hand, cleansed the urethral area with antiseptic swabs. Beginning with the labial fold farther away, cleansed from the front to the back. Used a new swab to cleanse the closer labial fold, again moving from front to back. Used a third fresh swab to clean down the center, front to back.</li> <li>c. When agency's policy requires it, rinsed the area with sterile water and dried it with cotton balls.</li> <li>d. While holding the labia apart, had the patient initiate a urine stream into the toilet or bedpan. Passed the specimen container into the stream and collected 90 to 120 mL of urine.</li> <li>e. Removed the specimen container before the flow of urine stops and before releasing the labia. Permitted the patient to finish voiding into the bedpan or toilet. Helped the patient with personal hygiene as appropriate.</li> </ul>			
6.	Replaced the cap securely on the specimen container, touching only the outside of the cap. Wiped away any urine from outside of container.			L
7.	Inspected the specimen for contamination with toilet paper or stool.			'       
8.	Securely attached the label to the container. In the patient's presence, labeled the specimen per the organization's practice. When the patient was a woman, indicated whether she was menstruating.			
9.	Placed the specimen in a biohazard bag. Sent the specimen and the completed requisition to the laboratory within 20 minutes, made sure the time and date were present. If the specimen required ice for transport, placed the specimen in a biohazard bag then placed the bag with the specimen into a second biohazard bag filled with ice slurry. Immediately transported the specimen to the laboratory. Refrigerated the specimen when a delay in delivery could not be avoided.			
10.	Discarded used supplies, removed gloves, and performed hand hygiene.			L
11.	Assisted the patient into a comfortable position, and placed toiletries and personal items within reach.			
12.	Raised the appropriate number of side rails and lowered the bed to the lowest position, Ensured wheels are locked.			
13.	Documented and reported the patient's response and expected or unexpected outcomes.			
<b>S</b> =	Satisfactory <b>U</b> = Unsatisfactory <b>NP</b> = Not Performed *=Must Perform to Pass	S		
Pra	signing below I acknowledge that I witnessed the skill performed and the student strice 1: Evaluator: Signature:strice 2: Evaluator: Signature:			skill.
ΗN	AL Student Evaluator: Signature:			

LABORATORY REC	JUEST - INPATIL	ENI		Sample #		
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	ORDER	INFO DA	TEBY	ORDERED IN LIS BY:		
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INSTRUCT				DATE/TIME RECEIVED		
			Application of the second			
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Enough to the second	military and the second		n new Charles	THE PERSON AND THE PERSON WHEN		
HEMATOLOGY/COAGULATION			PANELS & CONVENIENCE PRO	FILES		
1 CBC W/DIFFERENTIAL	5 ☐ URINALYSIS, COMPLE 423 ☐ URINALYSIS, CHEM O	-	7 ARTHRITIS PROFILE	(DMD)		
54 HEMATOCRIT	14 CREATININE CLEARA	A STATE OF THE STA	F3 BASIC METABOLIC PANEL			
MA N. T. C. A. C.	The state of the s	~	2 CARDIAC ENZYME PROFI			
71 PLATELET COUNT	570 MICROALBUMIN SCRE	G0000000000000000000000000000000000000	F2 COMPREHENSIVE METAB	OLIC PROFILE (CMP)		
78 RETIC COUNT	331 URINE AMYLASE	- Chicago	F1 ELECTROLYTE PANEL	(C15 (15)		
94 ☐ SED RATE (ESR)		CHECK CONT.	F4 HEPATIC FUNCTION PANI	L + GGT		
41 PROTIME	476 URINE GLUCOSE 2	-	F7 LIPID PANEL			
42 APTT	415 URINE PHOSPHOROUS	NEW 2000 CO.	10 METABOLIC 10 PROFILE			
95 FIBRINOGEN		4 HR	4 PRENATAL PROFILE WITH			
89 D-DIMER	49 URINE SOD/POT 2		9 PRENATAL PROFILE WITH			
92 BLEEDING TIME	329 ☐ URINE SOD/POT, RAN		13 RENAL FUNCTION PANEL			
	12 URINE URIC ACID 2	17014 0 7 9 122	15 THYROID PROFILE (TSH 4	- FT4)		
BLOOD BANK	INDIVIDUAL CHEMISTRIES					
47 TYPE & Rh	113 ALBUMIN					
95 ANTIBODY SCREEN	122 ☐ ALK PHOSPHATASE					
28 DIRECT COOMBS (DAT)	125 ALT (SGPT)					
22 CROSSMATCH x	205 AMYLASE					
22 AUTOLOGOUS x	124 AST (SGOT)					
22 FRESH FR PLASMA x	119 ☐ BILIRUBIN, TOTAL		annishona 7 00 04-0	a management of the second of the second		
2 ☐ PLATELETPHERESIS x	120 🗆 BILIRUBIN, DIRECT		THERAPEUTIC/TOXIC DRUGS	IMMUNOLOGY & PREGNANC		
22 CRYOPRECIPITATE x	101 🗆 BUN		DOSE TIME:	209 ASO		
80 ☐ RhoGAM IF INDICATED	114 CALCIUM	2	258 ACETAMINOPHEN	235 MONO SCREEN		
MICROBIOLOGY	104 ☐ CHLORIDE	1	199 CARBAMAZEPINE (TEGRETO	L) 242 PREGNANCY, HCG, QUA		
PECIMEN SOURCE:	115 CHOLESTEROL	4	199 ☐ DIGOXIN	96 ☐ PREGNANCY, BHCG, QUA		
	105 CARBON DIOXIDE (CO	02) 2	203 ETHANOL (Blood Alcohol)	244 RA (RHEUMATOID FACT		
	127 ☐ CK (CPK), TOTAL	2	234 GENTAMICIN, RANDOM	246 🗆 RPR		
99 ☐ STREP SCREEN	109 ☐ CREATININE	5	501 ☐ GENTAMICIN, TROUGH	341 ☐ RUBELLA		
58 GRAM STAIN	300 ☐ FERRITIN	5	589 GENTAMICIN, PEAK	BODY FLUIDS		
31 ☐ C. DIFFICLE TOXIN A	168 ☐ FT4 (FREE T4)	3	317 ☐ LITHIUM	SPINAL FLUID (CSF)		
17 CHLAMYDIA EIA SCREEN	130 ☐ GGT	3	335 PHENOBARBITAL	343 CELL COUNT W/DIFF		
92 CULTURE, BLOOD	108 ☐ GLUCOSE	2	227 PHENYTOIN (DILANTIN)	312 ☐ CHLORIDE		
94 CULTURE, GC	18 GLUCOSE TOL H	air comment	248 SALICYLATE	107 ☐ GLUCOSE		
881 CULTURE, SPUTUM	311 ☐ GLYCOHEMOGLOBIN	3	855 THEOPHYLLINE	585 ☐ PROTEIN, TOTAL		
93 CULTURE, STOOL	999 ☐ IRON	3	323 VALPROIC ACID (DEPAKENE)	OTHER FLUID		
883 CULTURE, STREP B	314 ☐ LACTIC ACID	C 15	511 VANCOMYCIN, RANDOM	550 ☐ AMNIOTIC FLUID PG		
882 CULTURE, THROAT/NP	123  LD (LDH)		326 ☐ VANCOMYCIN, TROUGH	813 AMYLASE		
880 CULTURE, URINE	237 ☐ MAGNESIUM		327 ☐ VANCOMYCIN, PEAK	343 ☐ CELL COUNT W/DIFF		
90 CULTURE, OTHER-LIST SOURCE	189 PHOSPHOROUS	a mariane	378 ☐ TRIAGE	153 ☐ CRYSTALS		
50 ☐ EOSINOPHIL SMEAR	103 ☐ POTASSIUM		(STAT URINE TOXIC	506 ☐ GLUCOSE		
49 ☐ H. PYLORI ANTIBODY	631 PREALBUMIN		SCREEN ONLY)	809 □ LDH		
86 ☐ KOH/FUNGUS/WET MT	112 PROTEIN, TOTAL	AL SUSTEEN S		17 □ pH		
38 OCCULT BLOOD	1008 PSA (PROSTATIC SP	ANT)		151 ☐ PROTEIN, TOTAL		
	102 SODIUM		NON LISTED TESTS	811 URIC ACID		
UIII BESP SVN VIBILE IBEV		COLUMN TO THE REAL PROPERTY.	NON LISTED TESTS	OTT DING KOID		
	126 TRIGI VOERINES	1800 FE 12				
390 ☐ RESP SYN VIRUS (RSV) 229 ☐ STOOL WET MOUNT	126 TRIGLYCERIDES	ED) T		The state of the s		
	510 TROPONIN I (COMPLEX					
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