

## #54 - COLLECTING A MIDSTREAM URINE SPECIMEN

(Partner Check-Off)

I acknowledge I have physically practiced and successfully learned the following skill(s):

Student: \_\_\_\_\_ Date: \_\_\_\_\_

	P2	P3	P3	Comments
1. Verified the health care provider's orders. Gathered the necessary equipment and supplies				
2. Performed hand hygiene. Provided for the patient's privacy				
3. Introduced self to the patient and family.				
4. Identified the patient using two identifiers. Compared the patient identifiers in the medication administration record with the information on the patient's identification bracelet, and/or asked the patient to state his or her name.				
5. Collected a clean-voided urine specimen: <ul style="list-style-type: none"> <li>a. Applied clean gloves. Gave the patient a cleansing towelette or a towel, washcloth, and soap to cleanse the perineum, or assisted the patient in doing so. When the patient was unable to get out of bed, helped him or her onto a bedpan to facilitate access to the perineum. Removed and disposed of gloves.</li> <li>b. Opened the sterile specimen container, maintaining the sterility of the inside of the container. Set the cap down with the sterile inside facing up. Did not touch the inside of the cap or the container.</li> <li>c. Allowed the patient to cleanse the perineum and collect the specimen independently, when the patient was able to do so.</li> <li>d. Applied clean gloves.</li> </ul>				
<u>Collected a specimen from a male patient:</u> <ul style="list-style-type: none"> <li>a. Held the penis with one hand. Used a circular motion to cleanse the meatus with an antiseptic towelette, moving from the center to the outside. Cleansed the area three times, using three different towelettes. If the patient was uncircumcised, asked him to retract the foreskin. Kept the foreskin retracted as he voided, and returned it to its natural position when he had finished.</li> <li>b. Rinsed the area with sterile water, and dried it with cotton balls or gauze pads if agency's policy requires.</li> <li>c. After the patient initiated the urine stream into the toilet or bedpan, had him pass the urine specimen container into the stream and collect 90 to 120 mL of urine.</li> <li>d. Removed the specimen container before the flow of urine stops and before releasing the penis. Permitted the patient to finish voiding into the bedpan or toilet. Helped the patient with personal hygiene as appropriate.</li> </ul>				
<u>Collected a specimen from a female patient:</u>				

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|--|--|--|--|
| <p>a. Spread the labia minora with the fingers of the nondominant hand.</p> <p>b. With the dominant hand, cleansed the urethral area with antiseptic swabs. Beginning with the labial fold farther away, cleansed from the front to the back. Used a new swab to cleanse the closer labial fold, again moving from front to back. Used a third fresh swab to clean down the center, front to back.</p> <p>c. When agency's policy requires it, rinsed the area with sterile water and dried it with cotton balls.</p> <p>d. While holding the labia apart, had the patient initiate a urine stream into the toilet or bedpan. Passed the specimen container into the stream and collected 90 to 120 mL of urine.</p> <p>e. Removed the specimen container before the flow of urine stops and before releasing the labia. Permitted the patient to finish voiding into the bedpan or toilet. Helped the patient with personal hygiene as appropriate.</p> |  |  |  |
| <p>6. Replaced the cap securely on the specimen container, touching only the outside of the cap. Wiped away any urine from outside of container.</p>   |  |  |  |
| <p>7. Inspected the specimen for contamination with toilet paper or stool.</p>   |  |  |  |
| <p>8. Securely attached the label to the container. In the patient's presence, labeled the specimen per the organization's practice. When the patient was a woman, indicated whether she was menstruating.</p>   |  |  |  |
| <p>9. Placed the specimen in a biohazard bag. Sent the specimen and the completed requisition to the laboratory within 20 minutes, made sure the time and date were present. If the specimen required ice for transport, placed the specimen in a biohazard bag then placed the bag with the specimen into a second biohazard bag filled with ice slurry. Immediately transported the specimen to the laboratory. Refrigerated the specimen when a delay in delivery could not be avoided.</p>   |  |  |  |
| <p>10. Discarded used supplies, removed gloves, and performed hand hygiene.</p>  |  |  |  |
| <p>11. Assisted the patient into a comfortable position, and placed toiletries and personal items within reach.</p>  |  |  |  |
| <p>12. Raised the appropriate number of side rails and lowered the bed to the lowest position, Ensured wheels are locked.</p>  |  |  |  |
| <p>13. Documented and reported the patient's response and expected or unexpected outcomes.</p>   |  |  |  |

**S** = Satisfactory    **U** = Unsatisfactory    **NP** = Not Performed    **\***=Must Perform to Pass

*By signing below I acknowledge that I witnessed the skill performed and the student successfully passed the skill.*

Practice 1: Evaluator: \_\_\_\_\_ Signature: \_\_\_\_\_

Practice 2: Evaluator: \_\_\_\_\_ Signature: \_\_\_\_\_

FINAL Student Evaluator: \_\_\_\_\_ Signature: \_\_\_\_\_



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