

**#58 -PERFORMING NASOTRACHEAL & NASOPHARYNGEAL SUCTIONING (TEST)**

I acknowledge I have physically practiced and successfully learned the following skill(s):

Student: \_\_\_\_\_ Date: \_\_\_\_\_

<b>TIME LIMIT:20 Minutes</b>	<b>P2</b>	<b>P3</b>	<b>TEST</b>	<b>Points/ Comments</b>
1. Assessed for any contraindications to the procedure.				*
2. Gathered the necessary equipment and supplies.				*
3. Performed hand hygiene, and provided for the patient's privacy. Introduced self to the patient and family.				*
4. Identified the patient using two identifiers. Compared the identifiers on the MAR with information on the patient's identification bracelet.				*
5. Placed a pulse oximeter on the patient.				1
6. Helped the patient sit up or placed the patient in a semi-Fowler's position.				1
7. Performed hand hygiene, and put on a gown, mask, goggles, or face shield if splashing was likely.				*
8. Connected one end of the connecting tubing to the suction machine, and placed the other end in a convenient location near the patient. Turned on the suction device, and set the suction pressure as low as possible. Occluded one end of the connecting tubing to check the pressure.				2
9. Prepared the one-time-use suction catheter: <ul style="list-style-type: none"> <li>a. Using aseptic technique, opened the suction kit or catheter. If a sterile drape was available, placed it across the patient's chest or on the overbed table. Did not allow the suction catheter to touch any nonsterile surfaces.</li> <li>b. Unwrapped or opened the sterile basin, and placed it on the bedside table. Did not touch the inside of the basin. Filled the basin with 100 mL of sterile normal saline solution or water.</li> <li>c. Opened the lubricant. Squeezed a small amount of the lubricant onto the open sterile catheter package without touching the package.</li> </ul>				*
10. Applied a sterile glove to each hand.				*
11. Picked up the suction catheter with dominant hand without touching any nonsterile surfaces. Picked up the connecting tubing with nondominant hand. Secured the catheter to the tubing.				2
12. Checked that the equipment was functioning properly.				2

13. Nasopharyngeal and nasotracheal suctioning:			
a. Increased the oxygen flow rate for face masks, as ordered by the health care provider. Had the patient take slow, deep breaths.			2
b. Lightly coated the distal end of the catheter 6 to 8 cm with the water-soluble lubricant.			2
c. Removed the oxygen delivery device, if applicable, with nondominant hand. Without applying suction, and using dominant thumb and forefinger, gently but quickly inserted the catheter into one of the patient's nares. Instructed the patient to inhale deeply while they inserted the catheter following the natural course of the nares. Slightly slanted the catheter downward. Did not force the catheter through the nares.			*
d. Positioned the catheter according to nasopharyngeal or nasotracheal guidelines. Pulled the catheter back 1 to 2 cm before applying suction.			*
e. Applied continuous suction by placing nondominant thumb over the vent of the catheter for 15 seconds or less and slowly withdrawing the catheter while rotating it back and forth between dominant thumb and forefinger. Encouraged the patient to cough. Replaced the patient's oxygen device, if applicable, and had the patient breathe deeply.			3
f. Assessed the need to repeat the suctioning procedure. Watched for alterations in the patient's cardiopulmonary status. When possible, allowed adequate time between suction passes for ventilation and oxygenation. Encouraged the patient to breathe deeply and cough with the oxygen mask in place.			2
g. Rinsed the catheter and connecting tubing with normal saline or water until it was cleared.			2
14. Disconnected the catheter from the connecting tubing. Rolled the catheter around the fingers of dominant hand. Pulled the glove off inside out so that the catheter remained coiled inside of the glove. Pulled off the other glove over the first glove in the same way. Discarded the gloves with the used catheter and other supplies in the appropriate receptacle. Turned off the suction device.			2
15. Removed the towel, placed it in the laundry or appropriate receptacle, and repositioned the patient.			2
16. When indicated, readjusted the patient's oxygen to the original level.			1
17. Discarded the remainder of the normal saline in the appropriate receptacle. If the basin was disposable, discarded it into the appropriate receptacle. If the basin was reusable, rinsed it and placed it in the utility room.			1
18. Placed an unopened suction kit on the suction machine table or at the head of the bed.			1
19. Positioned the patient, and provided oral hygiene as needed.			1
20. Helped the patient into a comfortable position, and placed toiletries and personal items within reach.			1



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