

## #61 - ADMINISTERING A CLEANSING ENEMA

(TEST)

I acknowledge I have physically practiced and successfully learned the following skill(s):

Student: \_\_\_\_\_ Date: \_\_\_\_\_

	P2	P3	TEST	Points/ Comments
1. Gathered all needed supplies.				*
2. Performed hand hygiene.				*
3. Introduced self to patient and family.				*
4. Noted patient's name, type of enema ordered, and time of administration, compared record against label on the enema.				*
5. Checked accuracy and completeness of each MAR with health care provider's written order if necessary, compared MAR with label on solution.				*
6. Identified patient using two identifiers, compared identifiers with information on ID bracelet.				*
7. Provided for patient privacy, raised bed to appropriate working height, lowered side rail on working side of bed.				2
8. Helped patient to appropriate position, encouraged patient to remain there until procedure is through, ensured patient was draped properly.				1
9. Applied clean gloves.				*
10. Placed bedpan in easily accessible position or ensured toilet is available and robe and slippers were accessible.				2
11. Placed waterproof pad under patient's hips and buttocks.				1
12. <u>Administered prepackaged disposable enema:</u>				
a. Removed plastic cap from container, applied water-soluble lubricant as needed.				1
b. Separated patient buttocks, examined perineal region for abnormalities.				1
c. Instructed patient to relax by breathing slowly through the mouth.				1
d. Expelled any air from enema container.				1
e. Inserted lubricated tip properly into patient's anal canal, adjusted				1

	insertion depth based on patient's age.			
	f. Did not force tip if resistance was felt, stopped procedure, notified health care provider.			*
	g. Rolled bottle from bottom to tip until all solution has entered patient's rectum.			1
	h. Placed toilet tissue around rectal tube and anus, withdrew tip and discarded properly.			1
	i. Instructed patient to retain solution until urge to defecate occurs.			*
13.	<u>Administered enema using a standard enema bag:</u>			
	a. Added warmed solution to enema bag if ordered, checked temperature on wrist.			*
	b. Added castile soap to water if ordered.			1
	c. Raised container, released clamp, allowed solution to fill tubing.			*
	d. Reclamped tubing, positioned and draped patient properly.			1
	e. Lubricated tip of rectal tube with lubricating gel.			*
	f. Separated patient's buttocks, instructed patient to relax by breathing through mouth, touched patient's skin next to anus with tip of rectal tube.			1
	g. Inserted top of rectal tube slowly, adjusted insertion length based on patient's age.			1
	h. Opened regulating clamp while holding tube in rectum, allowed solution to enter, kept container at level of patient's hips.			*
	i. Held tube in place constantly.			1
	j. Raised height of enema container slowly.			*
	k. Used IV pole to hold enema bag, lowered container or clamped tubing if patient complained or if fluid escaped around rectum, instilled all of solution, clamped tube, told patient when procedure was completed.			1
	l. Placed toilet tissue around tube at anus, withdrew rectal tube and tip.			1
16.	Explained that distention and cramping are normal, asked patient to retain solution as long as possible, stayed by bedside, discarded enema container and tubing appropriately.			2
17.	Helped patient to bathroom or helped patient assume near normal position over bedpan.			*
18.	Observed characteristics of patient's stool and solution, cautioned patient not to flush.			2
19.	Assisted patient as needed with washing anal area, applied gloves if necessary.			2
20.	Removed and discarded gloves, performed hand hygiene.			*

21. Assessed patient's abdomen for distention.			1
22. Raised side rails and lowered bed to ensure patient safety. Ensured bed wheels were locked. Helped patient to comfortable position, placed personal items within reach.			*
23. Placed call light within reach, ensured patient knows how to use it.			*
24. Documented and reported patient's response and outcomes, documented type and volume of edema, time of administration, and characteristics of stool.			*

**S** = Satisfactory    **U** = Unsatisfactory    **NP** = Not Performed    \* = Must Perform to Pass

TOTAL POINTS \_\_\_\_\_ / **20**

% \_\_\_\_\_

PASS \_\_\_\_\_

FAIL \_\_\_\_\_

Instructor: \_\_\_\_\_ Date: \_\_\_\_ / \_\_\_\_ / \_\_\_\_

*By signing below I acknowledge that I witnessed the skill performed and the student successfully passed the skill.*

Practice 1: Evaluator: \_\_\_\_\_ Signature: \_\_\_\_\_

Practice 2: Evaluator: \_\_\_\_\_ Signature: \_\_\_\_\_

FINAL Student Evaluator: \_\_\_\_\_ Signature: \_\_\_\_\_

Start/Stop	Order Information	22:30 ← ----- → 06:29	06:30 ← ----- → 14:29	14:30 ← ----- → 22:29
9/10/16	Fleets enema at bedtime if no BM that day.			
9/10/16	Soap suds enema prn if no results from fleets enema within 24 hours.			

TIME	INTERDISCIPLINARY NOTES

**NANDA:**

Use this scenario for ICP - Constipation:

Mrs. Walker is a 55 yr old patient who just underwent total knee surgery on her left knee three days ago. She complains of abdominal discomfort and pain. She has been using a dilaudid PCA for her knee pain and has only been up with P.T. twice. Her bowel sounds are hypoactive in all four quadrants and she verbalizes feeling distended. Per the pt her last BM was the day before surgery and she has been tolerating solid foods well post surgery.