

## #62 - POUCHING A COLOSTOMY

(Partner Check-Off)

I acknowledge I have physically practiced and successfully learned the following skill(s):

Student: \_\_\_\_\_ Date: \_\_\_\_\_

	P1	P2	P3	Comments
1. Gathered the necessary equipment and supplies.				
2. Performed hand hygiene.				
3. Provided for patient's privacy.				
4. Introduced self to the patient and family.				
5. Identified the patient using two identifiers.				
6. Helped the patient into a semi-reclining position.				
7. Assessed the existing pouch for leaks.				
8. If possible, gave the patient a mirror for observation if he or she chose.				
9. Applied clean gloves.				
10. Placed a towel or disposable waterproof barrier across the patient's lower abdomen.				
11. If not done during the assessment, removed the used pouch and skin barrier.				
12. Placed a clean towel over the stomach while emptying the old pouch.				
13. Emptied solid waste into the toilet. If waste was liquid, measured it before disposal. Avoided splashing. Discarded the old pouch in a waterproof or biohazard bag. Disposed of soiled gloves.				
14. Applied clean gloves.				
15. Used a washcloth to gently clean the peristomal skin with warm tap water; did not scrub the skin. Patted the skin dry.				
16. Measured the stoma diameter using the template provided with the pouch.				
17. Traced the shape of the stoma on the pouch backing or on the skin barrier.				

wafer.

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| 18. Cut the opening on the backing or skin barrier wafer at least 3 to 4 mm larger than the stoma.   |  |  |  |
| 19. Removed the protective backing from the adhesive.  |  |  |  |
| 20. Centered the opening of the barrier/pouch over the stoma and pressed it firmly into place around the stoma, including the outside edges. Had the patient hold his or her hand over the pouch to secure the seal with body heat.  |  |  |  |
| 21. Closed the end of the pouch. If using a clip-type pouch, did not forget to apply the clip.   |  |  |  |
| 22. Removed the drape and helped the patient into a comfortable position.  |  |  |  |
| 23. Removed gloves. Performed hand hygiene.  |  |  |  |
| 24. Placed toiletries and personal items within reach.   |  |  |  |
| 25. Placed the call button within easy reach, and made sure the patient knew how to use it to summon assistance.   |  |  |  |
| 26. Raised the appropriate number of side rails and lowered the bed to the lowest position.  |  |  |  |
| 27. Left the patient's room tidy.  |  |  |  |
| 28. Documented and reported the patient's response and expected or unexpected outcomes. Documented the amount, consistency, and color of the stool according to agency policy. Documented the condition of the stoma including color, any skin breakdown, bleeding, or irritations according to agency policy. |  |  |  |

**S** = Satisfactory    **U** = Unsatisfactory    **NP** = Not Performed    **\*** = Must Perform to Pass

*By signing below I acknowledge that I witnessed the skill performed and the student successfully passed the skill.*

Practice 1: Evaluator: \_\_\_\_\_ Signature: \_\_\_\_\_

Practice 2: Evaluator: \_\_\_\_\_ Signature: \_\_\_\_\_

FINAL Student Evaluator: \_\_\_\_\_ Signature: \_\_\_\_\_