

#87 - INSERTING A RECTAL SUPPOSITORY

(TEST)

I acknowledge I have physically practiced and successfully learned the following skill(s):

Student: _____ Date: _____

TIME LIMIT: 15 Minutes	P2	P3	TEST	Points/ Comments
1. Verified the health care provider's orders against the MAR. Did first verification of the EIGHT RIGHTS OF MEDICATION ADMINISTRATION. Checked for allergies.				*
2. Gathered the necessary equipment and supplies.				1
3. Performed hand hygiene				*
4. <u>Prepared the medication:</u>				1
a. Kept the door to the medication room closed, and did not accept telephone calls. Followed "No Interruption Zone" policy.				1
b. Accessed the automated dispensing system, or unlocked the medicine drawer or cart.				1
c. Prepared medications for one patient at a time. Followed the EIGHT RIGHTS OF MEDICATION ADMINISTRATION (skill # 77).				*
d. Selected the correct drug. Confirmed the name of the medication by comparing the label with the MAR.				*
e. If the dosages on the label did not match the dosage prescribed, checked or calculated the correct amount of medication to give. Double-checked medication dose calculation. Checked the expiration date of all medications, and returned outdated medication to the pharmacy.				*
f. Before going to the patient's room, verified the patient's name on the MAR with the labels on the prepared drugs. Logged out of automated dispensing system after removing drugs.				*
5. Took the medication to the patient at the correct time. Gave time-critical medications at the exact time ordered. Applied the Eight rights of medication administration.				*
6. Provided for the patient's privacy.				1
7. Introduced self to the patient and family.				1
4. Performed hand hygiene. Arranged supplies at the bedside.				*
5. Identified the patient using two identifiers. Compared these identifiers with the information in the patient's MAR or medical record. Asked the patient if he or she had allergies.				*
6. Asked the patient if he or she had any gastrointestinal problems.				1
9. Followed the "Eight Rights of Medication Administration." Performed the third medication check at the patient's bedside (Skill #76). Compared the MAR or computer printout with the medication labels and patient's name.				*
10. Discussed the purpose of the suppository, its action, and possible adverse				2

effects. Allowed the patient to ask questions.			
11. Asked the patient if he or she was comfortable with you inserting the suppository or if he or she wish to insert the suppository on his or her own.			1
12. Helped the patient assume a left side-lying Sims' position, with the right knee and upper hip bent toward the chest.			1
13. When the patient had mobility impairment, helped him or her into a left lateral position.			1
14. Applied clean gloves. Kept the patient draped; and exposed only the anal area. Scanned Patient's armband Scanned medication label			*
15. Examined the condition of the anus. Noticed any rectal bleeding or hemorrhoids. If impaction was suspected, palpated the rectal walls and then disposed of gloves by turning them inside out and placing them in the appropriate trash receptacle. Did not palpate when there was a recent history of rectal surgery.			2
16. Applied a new pair of clean gloves if previous gloves were soiled and discarded.			*
17. Removed the suppository from its wrapper, and lubricated the rounded end with water-soluble lubricant. Lubricated the gloved index finger of dominant hand. If the patient had hemorrhoids, used a liberal amount of lubricant and handled the area gently.			1
18. Asked the patient to take slow, deep breaths through the mouth and relax the anal sphincter.			1
19. Retracted the patient's buttocks. With the gloved index finger of dominant hand, inserted the suppository gently through the anus, past the internal anal sphincter, and against the rectal wall.			1
20. Withdrew finger, and wiped the patient's anal area.			1
21. Discarded gloves by turning them inside out. Disposed of them and other used supplies in the appropriate trash receptacle. Performed hand hygiene.			*
22. Asked the patient to remain flat or on the left side for 5 minutes.			1
23. When the suppository contained a laxative or stool softener, placed the call light within reach so that the patient could request assistance to use the bedpan or toilet.			*
24. When the suppository was given for constipation, reminded the patient not to flush the toilet after the bowel movement.			1
25. Helped the patient into a comfortable position, and placed toiletries and personal items within reach.			1
26. Raised the appropriate number of side rails and lowered the bed to the lowest position.			*
27. Performed hand hygiene.			*
28. Documented and reported the patient's response and expected or unexpected outcomes. Watched for adverse effects. Evaluated the patient to see if the constipation or other symptoms were relieved. Documented results and medication administration according to agency policy.			*

S = Satisfactory **U** = Unsatisfactory **NP** = Not Performed *****=Must Perform to Pass

TOTAL POINTS _____ / **20** _____

% _____

PASS _____

FAIL _____

Instructor: _____ Date: ____ / ____ / _____

By signing below I acknowledge that I witnessed the skill performed and the student successfully passed the skill.

Practice 1: Evaluator: _____ Signature: _____

Practice 2: Evaluator: _____ Signature: _____

FINAL Student Evaluator: _____ Signature: _____