

#9- PERFORMING NAIL CARE**(Partner Check-Off)****I acknowledge I have physically practiced and successfully learned the following skill(s):****Student:** _____ **Date:** _____

	S	U	NP	Comments
1. Performed hand hygiene.				
2. Provided for patient's privacy.				
3. Introduced self to patient and family.				
4. Identified patient using two identifiers.				
5. Verified health care provider's orders.				
6. Gathered necessary equipment and supplies.				
7. Applied clean gloves, arranged equipment on overbed table.				
8. Assisted patient to appropriate position, placed waterproof pad under patient's hand on bed and/or on floor under feet.				
9. Evaluated patient's circulatory status by inspecting fingers, toes, and feet.				
10. Filled a washbasin half full with warm water. Tested the water temperature. Placed the basin in appropriate position on waterproof pad. Had the patient immerse his or her feet in the water.				
11. Adjusted the overbed table to the low position, and placed it over the patient's lap.				
12. Filled an emesis basin half full with warm water. Tested the water temperature. Placed the basin on a towel on the overbed table.				
13. Instructed the patient to place his or her fingers in the emesis basin, with the arms in a comfortable position.				
14. Allowed the patient's feet and fingernails to soak for 10 minutes. (Not allowed for patient with diabetes mellitus, peripheral neuropathy, or PVD.)				
15. Cleansed gently under the fingernails with the end of a plastic applicator stick, while the fingers of the other hand soaked in the warm water. Used soft brush to clean around the cuticles to decrease overgrowth.				

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| 16. Thoroughly dried the patient's hand with a towel. Trimmed fingernails straight across at the level of the finger, or followed the curve of the finger, ensured not to cut down into the nail grooves or folds. Used a disposable emery board to file the nail to dull any sharp corners. | | | |
| 17. Repeated the process on the other hand. Moved the overbed table away from the patient. | | | |
| 18. Used a moistened washcloth to clean between the toes. Scrubbed any callused areas of the patient's foot with the moistened washcloth. | | | |
| 19. Dried the patient's foot thoroughly, and then trimmed the toenails. Trimmed the nails straight across at the level of the toe, or followed the curve of the toe, ensured not to cut down into the nail grooves or folds. Used a disposable emery board to file the nail to dull any sharp corners. Repeated the process on the other foot. | | | |
| 20. Rubbed lotion thoroughly into the patient's feet and hands. Assisted the patient in getting back into bed, and ensured patient was in a comfortable and safe position. | | | |
| 21. Cleaned patient's nail clippers with soap and water. When soiled with blood or body fluids, cleaned them according to agency's policy. Returned other equipment to proper place. Disposed of emery boards. | | | |
| 22. Discarded soiled linen in the linen bag. Removed gloves, and performed hand hygiene. | | | |
| 23. Placed patient's personal items within reach. | | | |
| 24. Placed call light within reach, ensured patient knew how to use it. | | | |
| 25. Raised side rails and lowered bed to ensure patient safety. | | | |
| 26. Documented and reported patient's response and outcomes. | | | |

S = Satisfactory **U** = Unsatisfactory **NP** = Not Performed *****=Must Perform to Pass

By signing below I acknowledge that I witnessed the skill performed and the student successfully passed the skill.

Practice 1: Evaluator: _____ Signature: _____

Practice 2: Evaluator: _____ Signature: _____

FINAL Student Evaluator: _____ Signature: _____