

College of the Siskiyous/Vocational Nursing 0951
Lab Skills and Charting Documentation

P=Partner check off
T=Instructor Test

Page #'s	Skill #	Skill/Procedure	deWit's Fundamental Concepts	Forms Used	Date	PASS	FAIL	%	Instructor	P or T
18-19	1	Hand Hygiene	221-223							T
20-21	2	Gown Change								P
22-23	3	Unoccupied Bedmaking	316-318	Flowsheets						P
24-27	4	Bedbath	294-299	Flowsheets, ICP						P
28-29	5	Back Massage	301	Flowsheets						P
30-31	6	Assessing Skin Hair Nails	287-311	Flowsheets						P
32-33	7	Haircare & Shampoo	306-307	Flowsheets						P
34-35	8	Shaving a Male Patient	308	Flowsheets						P
36-37	9	Nail Care	309	Flowsheets						P
38-41	10	Oral Hygiene Unconscious Patient	303-304	Flowsheets, Nurses Note						P
42-43	11	Cleaning Dentures	304-305	Flowsheets						P
44-47	12	Bedpan	544-545	Flowsheets						P
48-49	13	Urinal	546	Flowsheets						P
50-51	14	Perineal Care Female		Flowsheets						P
52-53	15	Perineal Care Male		Flowsheets						P
54-55	16	Assisting with Meals	478-480	Flowsheets, I&O						P
56-59	17	Blood Pressure (two step)	358-360	Flowsheets BP Practice Sheet						T
60-61	18	Apical Pulse	350-351	Flowsheets						P
62-63	19	Radial Pulse	348-349	Flowsheets						P
64-65	20	Respiratory Rate	353-354	Flowsheets, ICP						P
66-69	21	Temperature	343-346	Flowsheets						P
70-73	22	Pain	593-594	Pain Scales, Flowsheets						P

Page #'s	Ski II #	Skill/Procedure	deWit's Fundamental Concepts	Forms Used	Date			Instructor	P or T
74-75	23	Applying a Nasal Cannula	513-514	Flowsheets, Nurses Note					P
76-79	24	Measuring Oxygen Saturation	505-506	Flowsheets, ICP					P
80-81	25	Using PPE	226-228						T
82-85	26	Occupied Bedmaking	318-320	Flowsheets					T
86-87	27	Moving a Patient in Bed	269-270						P
88-91	28	Positioning a New Patient in Bed	265-268	Flowsheets					P
92-97	29/ 30	Measuring Intake & Output/Wound Drainage Devices	448-449 767	Flowsheets, I&O, Data Sheet					T
98-99	31	Sterile Gloves	253-255	None					P
100-103	32	Head to Toe Assessment	369-389	Flowsheets					T
104-107	33	Post-Op Care	741-742	Flowsheets					P
108-111	34	Post-Op Exercises	739-740	Flowsheets, Nurses Note					P
112-117	35	Performing Passive ROM	272-275	Flowsheets, Nurses Note, ICP					T
118-123	36	Applying Restraints	328-330	Flowsheet, Nurses Note, ICP					P
124-125	37	Applying Elastic Stockings	751-752	NANDA, Flowsheets					P
126-127	38	Gait Belt	282						P
128-131	39	Crutches, Walker Use	810-811	Flowsheets, Nurses Notes					P
132-133	40	Transferring from Bed to Wheelchair	276-279						P
134-135	41	Transferring from Bed to Stretcher	280-281						P
136-139	42	Breaking a Fall/Incident Report	282-284 40-41	Nurses Note, Event Report					P
140-141	43	Discontinuing IV Therapy		Nurses Note					T
142-145	44	Dry Dressing Change	774-775	Flowsheets, Nurses Note					T
142-143	45	Suture/Staple Removal	781	Flowsheets, Nurses Note, ICP					P
144-145	46	Blood Glucose Testing	406-408	MAR					T
146-148	47	Nasal Swab Specimen Collection		Lab Request					P
149-150	48	Condom Catheter	548-549	Flowsheet					P

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151-154	49	Straight Catheter	553-558 250-251	Flowsheet, Nurses Note, I&O					T
155-160	50	Inserting an Indwelling Catheter	550-553	Flowsheets, Nurses Note, I&O, ICP					T
161-162	51	Removing an Indwelling Catheter	558	Flowsheets, Nurses Note					T
163-164	52	Catheter Care	557	Flowsheet, I&O					P
165-168	53	Specimen Indwelling Catheter	541	Lab Request Form					P
169-172	54	Midstream Urine Specimen	540	Lab Request Form					P
173-174	55	Screening Urine	409-410						P
175	56	Pouring Sterile Solution	252						P
177-178	57	Oropharyngeal Suctioning	518-519	Flowsheets					P
179-182	58	Nasotracheal Suctioning	518-519	Flowsheets,					T
183-188	59	Tracheostomy Care	526-530	Flowsheets, Nurses Note, ICP					T
189-192	60	Sputum Specimen Collection		Lab Request Form					P
193-197	61	Cleansing Enema	577-578	MAR, Nurses Note, Flowsheet, ICP					T
198-199	62	Pouching a Colostomy	584-585						P
200-201	63/ 64	Stool Specimen & Fecal Occult Blood Testing	411-413	Lab Request Form					T
202-203	65	Gastric Occult Blood Testing							P
204-209	66/ 67	Inserting a Nasogastric Tube Removing a Feeding Tube	489-492	Flowsheets, Nurses Notes, ICP					T
210-211	68	Managing a Nasogastric Tube	492	Flowsheets					P
212-217	69	Providing Enteral Feedings	493-496	Flowsheets, I&O, Nurses Note, ICP					P
218-221	70	Assessing Wounds	759-765	Flowsheets, Nurses Note					P
222-223	71	Caring for Pressure Ulcers	770-780	Flowsheets					P
224-225	72	Irrigating Wounds	777-778	Flowsheets					P

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226-229	73	Wound Culture Specimen	424-425	Lab Request Form					P
230-235	74	Moist to Dry Dressing Change	773-775 779-780	Flowsheets, Nurse Note, Lab Request					T
236-237	75	Post Mortem Care	202-203	Nurses Note					P
238-239	76	Eight Rights of Medication Administration	636-638						P
240-241	77	Preventing medication Errors	628						P
242-243	78	Handling Medication Variations	619-638						P
244-245	79	Automated Medication Dispensing Systems	648						P
246-249	80	Administering Oral Medications	652-655	MAR					T
250-252	81	Administering Topical Medications	662	MAR					P
253-255	82	Administering Nitroglycerin	662	MAR					T
256-259	83	NG/PEG Tube Medications	664-665	MAR					T
260-262	84	Administering Eye Medications	656-657	MAR					T
263-264	85	Administering Ear Medications	658	MAR					T
265-266	86	Administering Nasal Medications	657	MAR					T
267-269	87	Inserting a Rectal Suppository	661	MAR					T

Date:	February 17, 2017		March 24, 2017		April 26, 2017		May 19, 2017		
Skill # and Score	Skill	Score (%)	Skill #	Score (%)	Skill #	Score (%)	Skill #	Score (%)	
Average									
Combined Average									
Partner Check-Offs to this date completed Y/N									
Instructor Signature									

Final Skill:

As you complete a skill place the skill # and your score in the boxes above to keep a running total of your skills score. Add the percentage scores up and then divide by the number of skills completed to obtain your average. At each of the dates set by your instructor for review do this and then take each separate average and add together and divide to obtain an up to date average during the semester (see example below).

Skill #		Skill#	
1	98%	16	97
2	97%	17	99
3	100	18	85
4	88	19	87
Average	383/4=95.75%	Average	368/4=92%
	Combined average		95.75+92=187.75/2= 93.9%

FINAL GRADE:
